

## Grades 9-12 ISSUE #3

The number of cloudy, cold and rainy days is increasing and our screen time is as well. Communicating with friends and family can be challenging, however, some are saying that they talk more to their distant friends and families now than ever before. How technology is used makes all the difference.



## My teen is asking to start their own YouTube channel and I think they have a really great idea. Is it safe?

First, congratulate yourself that they are asking you about this. This means they understand that there are potential pitfalls around their technology use. Next, it's necessary to weigh out the pros and cons and see what is a good fit for your teen. This is a really good outline of factors you can consider before telling them to taking the plunge or hit the brakes: <a href="http://bit.ly/YouTube4MyKids">http://bit.ly/YouTube4MyKids</a>



It felt like we had a good plan in the beginning of this crazy time, but it's slowly unraveling and I am worried about the next few months and I am afraid that my teen is being bullied online. What should I be looking out for?

Once kids cross the threshold into the online realm, it is pretty easy to cross paths with trolls, haters, and bullies. Here are some great resources to help navigate this difficult space: http://bit.ly/BullyingandHaters



I can go on all day long about what my kids shouldn't be doing online, but they are on their way to adulthood and I want to give them some examples of really GOOD things to do online. Please point me to a list!

Here are some really cool resources that we bet even YOU would love on <u>Science</u>, <u>Emotional</u> <u>Wellbeing</u>, <u>Fitness</u>, <u>Life Skills</u>, and some <u>really cool Virtual Tours</u>.



## I keep hearing about online privacy and I am not sure what that means for my teen's tech use (or mine!).

From admission counselors to potential employers, keeping your online presence clean is important. However, we should all know how we are being tracked through our devices, whether it is a smartphone or home assistant. Each section of this article will walk you through various items that might be collecting information and how: <a href="http://bit.ly/TTprivacy9-12">http://bit.ly/TTprivacy9-12</a>



Do you have any questions for our next issue? <a href="http://bit.ly/Tech-TalkQuestions">http://bit.ly/Tech-TalkQuestions</a>



